

# Sexting & New Norms

Shaping Our Response

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# What we say about things has an effect

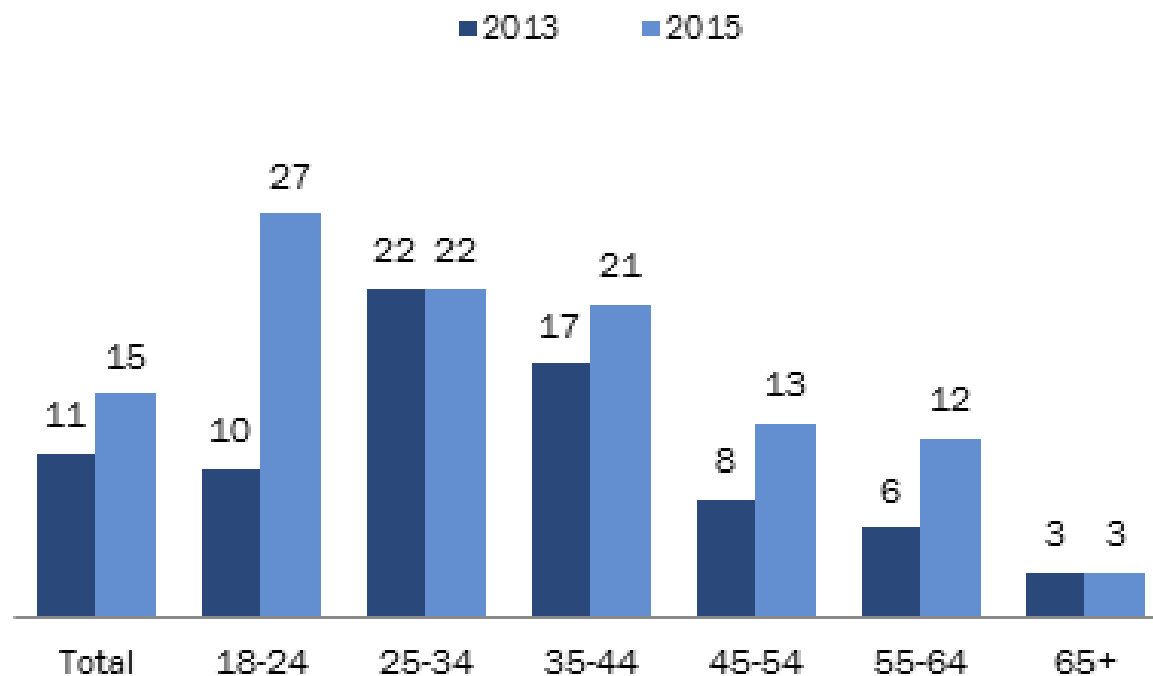
- I don't want to blame the victim but...
  - Drug-facilitated sexual assault example
- Avoiding the temptation to apply simple solutions to complex problem
- Recognize the *problem* – avoid catastrophizing
  - The way react can influence the degree of negative emotional consequences
  - Is everyone doing it??

# Online Dating

The New Norm

## Use of online dating sites or mobile apps by young adults has nearly tripled since 2013

*% in each age group who have ever used an online dating site and/or mobile dating app*



Source: Survey conducted June 10-July 12, 2015.

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# Online Life

- We experience more online now than ever before
- Calling vs. texting
- Getting to know people via the digital world

## Those with online dating experience are more likely to have positive attitudes towards dating digitally

*% in each group who agree that ...*



Source: Survey conducted June 10-July 12, 2015.

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# New Means of Communication

- Requires new communication
- Changing landscape of sexual communication with young people
  - How many of you felt comfortable communicating with your first sexual partner about your wants, needs desires, limits, consent, etc?
- Sexual exploration is exhilarating and fun but also scary and difficult
- LGBTQ+ people in digital space

# Masculine Norms

- What are the things we say about women?
  - “Throw Like a Girl”
- Objectifying bodies – both boys and girls are under intense pressure/scrutiny regarding their bodies
- How we talk... is sexual activity something to be achieved or conquered or a mutually beneficial to those involved?
  - My dad...

# Shaping Masculine Norms

- Does what it means to be a man = dominance over women and other men?
- Strength and stoicism as protecting the welfare of others
- Recognize that break-ups entail significant emotional turmoil for men and women/ boys and girls

# Pushing our thinking

- How do we treat and react to the nude body?
- We are the only species that hides sex from our children
  - People get really nervous when dogs hump each other
- Are we perhaps creating more eroticism for nude images by hiding and sometimes shaming bodies?
  - How do things get *sexy*?